

## INTRODUCTION

**Martin CARAHER, Ph.D., MSc**



INTERNATIONAL FEDERATION  
FOR HOME ECONOMICS

Martin is Reader in food and health policy in the Centre for Food Policy at City University. Recent work has focused on the impact of food advertising on children's food choices and the impact of advertising regulation. In addition he has been developing work in schools and this has included work for the UK Dept of Health, the World Health Organization (Europe) on school feeding programmes in Latvia and for the World Bank on school food in Lesotho. His interests in sustainability come from the perspective of local food chains and the attempts by social enterprises to build sustainability into their work.



Current research interests include:

- The role of local food projects in promoting health.
- Local area access to food in London with work in the boroughs of Hackney and Islington.
- A review of food projects funded and supported by health authorities in England.
- An evaluation of local food projects in London.
- A review of the planning process nationwide in promoting food projects.
- Cooking skills among young people and the changing nature of food skills and the culinary transition.
- The role of food markets in promoting health and well-being.
- Farmers markets and new selling spaces.
- Food, arts and public spaces.
- The food supply chain and ethics.

Major research projects underway at the moment include a review of cooking skills, mapping fast food outlets on school routes and mapping the affordability and access to foods in local areas.

He sits on the London Food Board which advises the Mayor of London on food in London. He is also an Associate Member of the National Heart Forum. He also advises and reviews materials and plans for a range of local and statutory organisations dealing with food.

Martin was the Australian Healthways fellow for 2008 and was in Perth six weeks in February/MArch of this year. He is currently collaborating with colleagues in Australia, Portugal and the US.